



NEOLIFE®

Children's Nutrition

CHEWABLE.

DRINKABLE.

SHAKEABLE.

UNSTOPPABLE!



Building a Solid Foundation

When you build your dream home, you start with a strong foundation, using only the finest materials. Building a solid foundation for a lifetime of good health for your children requires the same commitment to quality nutrition. The right balance of high quality nutrition allows kids to function optimally, so they can feel like super kids ready to take on the world!

The Problem?

Unfortunately in Sub Saharan Africa research is continuing to show that most children are lacking in even the most basic of nutrients critical for growth and development because:

- Whole grain intake has decreased¹
- Consumption of fish is extremely low^{1,2}
- Sadly, not even the minimum recommendations of 5 daily servings of fruit and vegetables are being met³

Where to Start

Quality supplements can help bridge the gap between what the diet provides and the nutrition a child requires to thrive. But knowing what to look for and who to trust with the health of your most precious treasures (your kids) isn't always easy.

Daily Nutrition Recommendations for Children^{4,5,6}

Stage	Approximate Age	Whole Grains
Baby/Toddler	1-3 years	2.5 servings
Child	4-8 years	3-4 servings
Child	9-13 years	4-5 servings
Teen	14-18 years	5 servings



“Precisely at the time when young bodies’ nutritional requirements are greatest, many fail to obtain all the nutrients they need each day. Deficiencies of vital nutrients can inhibit not only physical growth, but internal development, mental performance, and repair and maintenance of developing tissues. Immune systems can be depressed as well, leaving the child more vulnerable to infection and disease.”

Dr. Arthur Furst,
Founding Member Emeritus
Scientific Advisory Board



Fruits & Veggies	Omega-3 from Fish	Protein
3-5 servings	700 mg	15 grams
5-7 servings	900 mg	20 grams
7-9 servings	1,000-1,200 mg	35 grams
9+ servings	1,100-1,600 mg	45-55 grams

Super Kids in the Making!

Liqui-Vite

Liquid Multivitamin, great citrus flavour

- Provides a full day's supply of the 12 most important vitamins
- Carotenoids to support immune health
- Tre-en-en Grain Concentrates for cellular energy & nutrition
- Choline and inositol to support brain health
- No artificial anything! No artificial colours, flavours, sweeteners, or preservatives added



#2895
240 ml

Vita Squares

Chewable Multivitamin, irresistible fruit flavour

- Loaded with 18 vitamins & minerals essential to build a strong nutritional foundation
- Tre-en-en Grain Concentrates for cellular energy & nutrition
- Enhanced with choline and inositol for focused learning, concentration & memory
- No artificial anything! No artificial colours, flavours, sweeteners, or preservatives added



#2893
180 tablets

Vita Guard

Chewable Antioxidant, yummy berry-citrus flavour

- Whole food carotenoids and flavonoids from fruits & vegetables for broad spectrum immune protection
- Zinc and selenium support children's defences
- No artificial anything! No artificial colours, flavours, sweeteners, or preservatives added

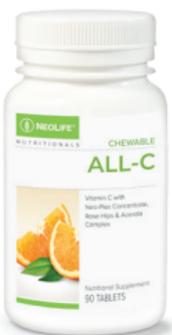


#2894
120 tablets

All-C

Chewable Vitamin C, delicious cherry flavour

- For additional immune support & healthy teeth & eyes
- Vitamin C equivalent of four oranges in each tablet
- Exclusive Neo-Plex Concentrate with everything from the orange but the water



#2512
90 tablets

Omega-3 Salmon Oil Plus

With pure salmon oil

- With standardised amounts of all 8 omega-3s found in human nutrition
- Helps support cognitive health and brain function in adults and children
- Helps support the **development** of the brain, eyes and nerves in children up to 12 years of age
- Each 2 capsule serving provides 356 mg of omega 3 fatty acids, including 153mg EPA and 160mg DHA
- Ultrapure and potent fish oil screened for 200+ potential contaminants.



#2673
60 capsules

Salmon Oil Plus

With pure salmon oil

- With standardised amounts of all 8 omega-3s found in human nutrition
- Clinically proven benefits: Bioavailable, cardio protective, balances inflammation
- Supports brain development, concentration, learning capacity, vision, & so much more
- Each 3 capsule serving provides 1,070mg of omega-3 fatty acids, including 460mg EPA and 480mg DHA
- Ultrapure and potent fish oil screened for 200+ potential contaminants



#2672
90 capsules

NeoLifeShake

Deliciously wholesome Protein Drink

- High quality protein provides building blocks to support growth & development
- Provides more protein, calcium & vitamins than milk
- Biologically complete with all 22 amino acids
- 25 essential vitamins and minerals
- 18g of protein and 5g of satisfying fibre
- No artificial anything! No artificial colours, flavours, sweeteners, or preservatives added
- Mixes easily in water



#2912
Creamy Vanilla
#2913
Berries n' Cream
#2914
Rich Chocolate

Nutrishake

Nutritional Protein Drink

- High quality protein provides building blocks to support growth & development
- Biologically complete with all 22 amino acids
- Carbohydrates that provide quick as well as lasting energy
- Low in Lactose
- Essential vitamins and a source of calcium
- Plant derived enzymes for easy digestion
- Mixes easily with milk or fruit juice



#2582
Vanilla
#2583
Strawberry
#2584
Chocolate

The Perfect Fit

Healthy cells require the same key nutrients at every age and we offer different delivery systems to best suit the tastes and preferences of your little one.

Baby/ Toddler

Once they have incorporated food into their diet

Liqui-Vite - Liquid Multivitamin

Ages 1 - 4 years: 1 teaspoon per day

NeoLifeShake / Nutrishake - Protein Drink

½ serving (1 scoop) to

1 serving (2 scoops) per day

Omega-3 Salmon Oil Plus - Capsule

Ages 1 - 4 years: 1 per day

- chew or squeeze

Children

When they can safely & confidently chew a tablet

Liqui-Vite - Liquid Multivitamin

Ages 4 years & older: 2 teaspoons per day

Vita Squares - Chewable Multivitamin

Ages up to 3 years: 2 per day

Ages 4 years & older: 3 per day

Vita Guard - Chewable Antioxidant

Ages up to 3 years: 1 per day

Ages 4 years & older: 2 per day

Omega-3 Salmon Oil Plus - Capsule

1 - 2 per day - chew or squeeze

Salmon Oil Plus - Capsule

1 per day - chew or squeeze

NeoLifeShake / Nutrishake - Protein Drink

½ serving (1 scoop) to

1 serving (2 scoops) per day

Teen

When they can safely & confidently swallow whole tablets & capsules

Pro Vitality - Supplement Sachet

1 sachet per day

Omega-3 Salmon Oil Plus - Capsule

1 - 2 per day

Salmon Oil Plus - Capsule

1 - 3 per day

NeoLifeShake / Nutrishake - Protein Drink

1 serving (2 scoops) per day

Parental supervision is advised for younger children.

Other great choices for kids:

2918 – NeoLifeBar - Fruit & Nuts

2722 – Chelated Cal-Mag



Based in Nature, Backed by Science



Guaranteed Quality

The SAB Seal is the stamp of approval of world renowned science & nutrition experts who put their reputation behind NeoLife's leading edge products.



References

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3. Kpodo FM, Mensah C, Dzah CS. Fruit and Vegetable Consumption Patterns and Preferences of Students in a Ghanaian Polytechnic. *World Journal of Nutrition and Health* Vol. 3, No. 3, 2015, pp 53-59
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Additional References

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This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

NUTRITION FOR PARENTS TO KEEP UP!



BREAKFAST SOLUTION

Healthy & delicious start to an energy-filled day.

Cellular nutrition with Pro Vitality
and complete protein with NeolifeShake.



THE NEOLIFE DIFFERENCE

Since 1958 we have used the finest whole food nutrients, delivered in highly bio-efficient forms in exclusive, clinically proven formulas that maximise nutrient absorption, utilisation and benefits by using the most advanced scientific methods and proprietary processes.

NeoLife.com

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